

Get help with an energy problem

If you're struggling to pay your energy bill or have an energy problem, contact Advice Direct Scotland. They're the official source of free and independent energy advice and support.

 energyadvice.scot

 **Advice Direct Scotland**

Call:

0808 196 8660

Monday to Friday, 9am to 5pm

Calls are free

For British Sign Language Enquiries:

contactscotland-bsl.org

Reducing your bills

You can save money on your energy bills by finding ways to improve your home's energy efficiency.

To find out more go to:

**Home Energy Scotland
(Scotland only)**

 homeenergyscotland.org

 Call:
0808 808 2282

Monday to Friday, 8am to 8pm

Saturday, 9am to 5pm

Calls are free



Produced by Citizens Advice and sent to you by your energy supplier to make sure you understand your rights in the energy market. April 2023.